

LIFTED BY GOD

Finding Strength and Hope
in Every Challenge



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Published by:

The Gardener Ministry Publications

Cover design: Joseph Wambua

Scripture quotations are taken from various Bible translations as indicated throughout the text.

All emphasis within Scripture quotations is the author's own.

Printed in United Kingdom

First Edition — 2026

Preface

This book was not written from the top of anything.

It was written from a place of quiet arrival, a place where the heart finally realizes it no longer has to strive, impress, or hurry to become what it already is in God.

For much of my life, I believed that faithfulness was measured by movement. That obedience was proven by progress. That God lifted those who climbed well. And so, like many sincere believers, I gave myself fully to the climb—serving, sacrificing, enduring, believing that one day I would reach a place where God would say, “Now you have made it.”

What I did not know then was that God was not waiting for me at the end of my effort.

He was walking with me in the middle of it.

Lifted by God is a collection of daily reflections for those who are weary of striving yet still deeply in love with God. It is for those who have served faithfully, prayed earnestly, and waited patiently, quietly discovering that their deepest longing was never for advancement, recognition, or arrival.

It was always for Him.

These pages are not about how to get ahead. They are about how to rest. Not how to climb, but how to trust. Not how to become someone, but how to be held.

If you are in a season where the old questions have grown quiet; when will God lift me and why am I not there yet? and a deeper peace is beginning to take their place, then you are already hearing what this book was written to say.

May these reflections meet you where you are.

And may you discover, gently and surely, that you are not being left behind. You are being lifted.

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Introduction

“Promotion does not come from the east or the west.”

Those words have been quoted so often that they have almost lost their wonder. Yet behind them lies a truth that quietly overturns everything we assume about success, timing, and spiritual progress.

We are taught, even in faith, to think in terms of ascent. We imagine God’s blessing as something that moves us upward—toward visibility, influence, and recognition. We speak of being “raised up,” “set on high,” or “advanced” as though God’s favour were a ladder.

But Scripture tells a different story.

God does not lift us by pushing us forward.

He lifts us by drawing us deeper.

He does not elevate us through competition.

He positions us through surrender.

He does not promote us by comparing us with others.

He places us where our souls can be shaped.

Lifted by God was born from this quiet discovery: that true promotion is not about where we stand in the eyes of people, but

where we rest in the heart of God. That the deepest form of being lifted is not being seen—but being held.

These daily reflections invite you into a slower, truer rhythm of faith. A rhythm where God is no longer the reward at the end of your striving, but the presence at the centre of your life. Where ministry becomes overflow, not pressure. Where obedience flows from intimacy, not anxiety.

Whether you are waiting, serving, resting, or rebuilding, this book is not here to hurry you along. It is here to remind you that your steps are ordered, your place is prepared, and your life is being quietly, faithfully, lovingly lifted by God.

Welcome to the journey.

Day One - The True Source

“For promotion comes neither from the east nor from the west... but God is the Judge; He puts down one and lifts up another.” — Psalm 75:6–7

Most striving begins with a quiet assumption—that lifting must come from somewhere we can identify. A place. A person. A connection. An effort. We scan the horizon, looking east and west, hoping to locate our breakthrough. And while our eyes are fixed outward, God is gently calling us inward.

Scripture recentres our focus. Lifting does not come from movement, direction, or human arrangement. It comes from God alone. He is not responding to hustle; He is weighing hearts. He is not drawn to visibility; He honours faithfulness. Long before anyone notices, God notices. Long before circumstances shift, God is at work within us.

This truth both confronts and comforts. It confronts our tendency to rely on ourselves. It comforts us by lifting the burden of making things happen. When God is the source, we are free to release control and trust His timing.

There is deep peace in this realization: we do not lift ourselves—we are lifted. And when God lifts, it is never rushed or misplaced. He lifts with purpose and at the right time, when the soul is ready to carry what the hands could never secure.

Questions for Reflection

Where have I been seeking lifting apart from God?

What striving is God asking me to release today?

Can I trust this season as preparation rather than delay?

Call to Action

Today, pause before pushing forward. Practice faithfulness where you are and entrust the outcome to God.

Prayer

Lord, I lay down my striving and trust You as my source. Quiet my heart, guide my steps, and help me rest in Your timing. Lift me as You will, for Your glory. Amen.

Day Two - Beyond Direction

“For promotion comes neither from the east nor from the west...” — Psalm 75:6

We are often tempted to believe that change of direction will bring change of destiny. If only we moved to the right place, met the right people, or chose the right path, then surely things would shift. So we look east and west, weighing options, tracing routes, hoping geography or circumstance will do what only God can do.

But Scripture gently dismantles that illusion. Lifting is not directional. It does not come because we moved closer to opportunity or further from difficulty. God is not constrained by location, distance, or visibility. He lifts wherever He finds a heart yielded to Him.

This truth is freeing. It means you don't have to be in the “right place” to be in God's will. You don't have to relocate, reinvent yourself, or outrun your season. God knows exactly where you are, and He is fully able to meet you there. The place that feels limiting may actually be the ground of preparation.

When we stop obsessing over direction, we begin to notice God's presence. When we release the urge to escape our season, we discover that God is already working within it. Lifting does not require movement—it requires trust.

Sometimes the deepest work God does is not changing our location, but deepening our surrender. And when that work is complete, lifting follows naturally, effortlessly, and unmistakably.

Questions for Reflection

Where am I assuming that a change of place will fix everything?

What season am I tempted to escape instead of embrace?

Can I trust God to work right where I am?

Call to Action

Today, stop scanning for a way out. Thank God for where you are and invite Him to work deeply there.

Prayer

Father, help me trust You beyond direction and circumstance. Teach me to rest where You have placed me, knowing You are able to lift me in Your time. Amen.

Day Three - The Judge Who Lifts

“But God is the Judge; He puts down one and lifts up another.”
— Psalm 75:7

We live in a world of opinions, evaluations, and verdicts. People assess us constantly—our performance, our progress, our worth. Over time, it is easy to internalize those voices and allow them to shape how we see ourselves. Approval becomes fuel. Criticism becomes weight. And slowly, we forget whose judgment truly matters.

Scripture draws us back to a stabilizing truth: God is the Judge. Not observers. Not systems. Not trends. God alone weighs a life accurately. He sees motives behind actions, faithfulness hidden from view, and obedience practiced in silence. Where others judge by appearance, God judges the heart.

This truth brings rest. If God is the Judge, then no human verdict has final authority. Being overlooked does not mean you are unseen. Being misunderstood does not mean you are mismeasured. God’s judgment is not rushed, emotional, or flawed. It is patient, precise, and rooted in love.

When God lifts, it is not to impress others—it is to fulfil His purpose. And when He delays lifting, it is not neglect—it is preparation. The same God who lowers also lifts, always with wisdom and intention.

Let this truth steady you today. You are not living for the approval of people, but under the careful, gracious judgment of God. His verdict is enough.

Questions for Reflection

Whose judgment has been shaping my sense of worth?

Where have I allowed human opinions to unsettle me?

Can I trust God's verdict over every other voice?

Call to Action

Today, release the need to be validated. Choose to live faithfully before God alone.

Prayer

Lord, free me from the weight of human judgment. Help me rest in Your verdict and trust You as the One who lifts in Your time. Amen.

Day Four - Lowered Before Lifted

“Humble yourselves before the Lord, and He will lift you up.”
— James 4:10

Our instincts resist being lowered. We associate humility with loss and lowering with failure. Yet in God’s economy, being lowered is often not punishment—it is preparation. Before God lifts, He first makes room within us to carry what He intends to give.

Lowering strips away illusion. It quiets pride, refines motives, and exposes what truly anchors our identity. In seasons where recognition fades and strength feels reduced, God is often doing His deepest work. He is loosening our grip on self-reliance so that we can learn to lean fully on Him.

Humility is not thinking less of yourself; it is thinking less about yourself. It is the freedom that comes when we stop trying to prove our worth and allow God to define it. Those who are willing to be lowered by God are those He can trust with lifting.

When we resist this process, we rush ahead of God. But when we yield, something holy happens. Our hearts become teachable. Our dependence deepens. Our desires align with His purposes. And in time—often quietly, often unexpectedly—God lifts.

Do not despise the lowering. It is not wasted ground. It is sacred soil where character takes root and strength is formed beneath the surface.

Questions for Reflection

Where might God be inviting me into humility today?

What have I been resisting that God may be using to form me?

Can I trust the lowering as part of God's lifting process?

Call to Action

Today, choose humility in one practical way—listen more, explain less, and trust God with your worth.

Prayer

Lord, teach me to embrace humility without fear. Help me trust You in seasons of lowering, knowing You lift in perfect time.
Amen.

Day Five - Sovereign Timing

“He puts down one and lifts up another.” — Psalm 75:7

One of the hardest things to trust is timing. We can accept God’s ability more easily than His pace. We believe He can lift—but we struggle when He doesn’t lift yet. Waiting stretches the soul, especially when we feel ready, faithful, and willing.

Yet Scripture reminds us that God’s lifting is never random or late. His timing is deliberate, measured, and wise. What feels slow to us is often precise to Him. God is not withholding out of neglect; He is preparing with care. He knows not only where He is taking us, but what we must become to arrive there safely.

Rushed lifting can expose what is still fragile. Untimely elevation can crush what has not yet been strengthened. So God waits—not because He has forgotten, but because He loves us too much to lift us before we are ready to stand.

Learning to trust God’s timing quiets the inner clock. It loosens our grip on deadlines and releases us from comparing our pace with others. When we trust His timing, we begin to rest—even while waiting.

Today, remember this: delay is not denial. The God who lifts has already chosen the moment. Until then, your waiting is not empty. It is full of purpose.

Questions for Reflection

Where am I struggling with God's timing?

What is God shaping in me while I wait?

Can I trust that His timing is an expression of love?

Call to Action

Today, resist rushing ahead. Practice patience by staying faithful in one small, unseen way.

Prayer

Lord, help me trust Your timing. Teach me to wait with peace, knowing You lift at the right moment. Amen.

Day Six - God's Final Say

“But God is the Judge...” — Psalm 75:7

Many voices speak into our lives. Some encourage, some criticize, some confuse. Over time, those voices can grow loud enough to shape our decisions, our confidence, and even our prayers. We begin to live as though the loudest voice carries the greatest authority.

Scripture gently restores order. God has the final say.

Not opinion. Not perception. Not past mistakes. Not current labels. God alone determines what stands and what falls. His verdict is not influenced by popularity, pressure, or proximity. He speaks from truth, love, and eternal wisdom.

This truth brings deep relief. If God has the final say, then no premature judgment can define you. No misinterpretation can cancel His purpose. No closed door can undo what He has already decided. God's word over your life outweighs every competing voice.

Trusting God's final say also frees us from defending ourselves. We no longer need to explain our season or justify our pace. When God speaks, clarity follows—even if others do not yet understand.

Today, let this truth settle your heart. You are not at the mercy of human conclusions. You are held by divine certainty. God's final word is not rushed, harsh, or careless. It is faithful, measured, and good.

Questions for Reflection

Whose voice has been influencing me the most lately?

Where do I need to trust God's verdict over human opinion?

What would change if I truly believed God has the final say?

Call to Action

Today, silence unnecessary voices. Choose one moment to listen only for God's direction.

Prayer

Lord, help me trust Your voice above all others. Anchor my heart in Your final word and give me peace to rest there. Amen.

Day Seven - Lifted Without Noise

“For promotion comes neither from the east nor from the west...” — Psalm 75:6

We often assume that lifting must be announced. That when God moves, it will be obvious, public, and loud. We imagine open doors swinging wide and voices affirming what has changed. Yet God often lifts quietly—so quietly that only the heart being lifted knows it has happened.

God’s deepest work rarely draws attention to itself. He shapes us in hidden places, strengthens us in silence, and aligns us long before others recognize the shift. By the time the lifting becomes visible, it has already been settled within. Noise may follow, but it is never the source.

This quiet way of God protects us. It guards our hearts from pride and our calling from pressure. When lifting happens without noise, it roots us more deeply in God than in applause. We learn to trust His affirmation before we crave anyone else’s.

There is a sacred beauty in unseen elevation. God may be expanding your capacity, sharpening your discernment, or deepening your authority—all without changing your circumstances yet. Do not mistake silence for stagnation. God is often most active when things feel most still.

Today, resist the urge to announce progress or seek recognition. Trust that God sees the work He is doing. What He establishes in quiet will stand when the noise fades.

Questions for Reflection

Where am I expecting noise as proof of progress?

Can I trust God's work even when others cannot see it?

What quiet growth is God nurturing in me right now?

Call to Action

Today, choose contentment in being unseen. Thank God for the work He is doing in silence.

Prayer

Lord, help me trust Your quiet work. Teach me to rest in Your approval and wait for Your timing without noise. Amen.

Day Eight - Hidden Authority

“But God is the Judge; He puts down one and lifts up another.”
— Psalm 75:7

We often associate authority with position, title, or recognition. We assume that influence begins when others acknowledge it. Yet God works differently. Before He entrusts visible authority, He forms hidden authority—the kind that steadies a soul long before it steadies a room.

Hidden authority is born in obedience when no one is watching. It grows in faithfulness when results are slow. It matures in restraint, humility, and the willingness to let God speak for us. This kind of authority does not announce itself; it carries weight simply by being present.

God trusts hidden authority because it is not hungry for attention. It does not need to prove itself. It listens well, responds wisely, and rests securely in God’s approval. When God eventually reveals it, others sense it immediately—not because it demands space, but because it brings peace.

You may feel overlooked or underestimated in this season. But what feels hidden is often being fortified. God is shaping discernment, compassion, and steadiness within you—qualities that cannot be rushed and should not be exposed too early.

Do not despise unseen formation. Authority that is rushed can impress for a moment; authority that is formed in secret can sustain many. God lifts what He has first established deeply.

Questions for Reflection

Where is God forming authority in me quietly?

How do I respond when my growth goes unnoticed?

Can I trust God with both timing and visibility?

Call to Action

Today, practice faithfulness without seeking recognition. Let God be your witness.

Prayer

Lord, form in me the kind of authority that comes from You alone. Teach me to value depth over display and trust Your timing. Amen.

— The Gardener

Day Nine - Established, Not Assisted

“But God is the Judge; He puts down one and lifts up another.”
— Psalm 75:7

There is a subtle temptation to believe that God helps us rise, but that we must complete the work ourselves. We pray for assistance, strategy, and support, quietly assuming that divine lifting is a partnership where God gives a boost and we finish the climb. Yet Scripture speaks more decisively. God does not merely assist—He establishes.

What God establishes does not wobble. It is not dependent on constant reinforcement, explanation, or defence. Human assistance can be withdrawn, but divine establishment holds steady. When God lifts, He also secures. He does not place us where grace cannot sustain us.

This truth invites us to let go of overcompensation. We no longer need to manage outcomes, protect our image, or constantly prove our worth. What God establishes carries its own authority and endurance. It stands because God stands behind it.

Establishment often takes longer than assistance. God is less interested in helping us move quickly than in anchoring us deeply. He forms roots before He allows reach. And when the winds come—as they always do—what God has established remains.

Today, rest in this assurance: you are not being propped up. You are being grounded. God is not patching weaknesses; He is building strength. And what He establishes will endure beyond seasons, opinions, and change.

Questions for Reflection

Where have I been relying on human support more than God's establishment?

What would change if I trusted God to secure what He lifts?

Am I willing to wait for depth instead of speed?

Call to Action

Today, release the need to overmanage. Trust God to establish what He is forming in you.

Prayer

Lord, establish my life in what You have ordained. Help me trust Your work fully and rest in what You are building. Amen.

Day Ten - Rest in His Verdict

“But God is the Judge...” — Psalm 75:7

Much of our restlessness comes from living as though the verdict is still out. We wonder how things will turn out, how we are being evaluated, and whether we have done enough. That uncertainty keeps the soul leaning forward, braced, waiting for a final word.

Scripture offers a gentle invitation: rest in God’s verdict.

God is not undecided about you. He is not waiting for one more performance to make up His mind. His judgment is not reactive or delayed. He sees the full picture—your motives, your faithfulness, your quiet obedience—and His verdict is steady and sure.

When we rest in God’s verdict, striving loses its grip. We stop rehearsing explanations. We stop defending ourselves against imagined criticism. We stop measuring our lives by shifting standards. Rest does not come because everything is resolved around us; it comes because something has settled within us.

God’s verdict does not always come with immediate change. Sometimes it comes as peace before progress. But that peace is not passive—it is anchoring. It allows us to stand firm while God works in ways we cannot yet see.

Today, allow yourself to rest—not because you have arrived, but because God has spoken. You are held, seen, and known by the One whose judgment matters most.

Questions for Reflection

Where have I been living as though the verdict is still pending?

What would change if I truly rested in God's judgment?

How can I practice inner rest today?

Call to Action

Today, pause when anxiety rises. Remind yourself: God's verdict over my life is settled.

Prayer

Lord, quiet my heart with Your truth. Help me rest in Your verdict and trust You fully with my life. Amen.

Day Eleven - Not Self-Directed

“Lord, I know that a man’s way is not his own; it is not for man who walks to direct his steps.” — Jeremiah 10:23

We like to believe we are in control. We plan, decide, and move forward with confidence, assuming that if we walk carefully enough, we can direct our own steps. Yet Scripture gently dismantles that illusion. Even when we are walking, we are not ultimately steering.

This truth humbles us—and then it heals us.

Jeremiah reminds us that movement does not equal mastery. We may choose the road, but God determines the outcome. We may walk with intention, but God governs where our steps finally land. This is not limitation; it is mercy. If our lives depended solely on our wisdom, we would collapse under the weight of our own decisions.

Recognizing that we are not self-directed frees us from anxiety. We no longer have to see the whole map. We only need to walk attentively, listening for God’s guidance step by step. God is not asking us to figure everything out; He is inviting us to trust Him with the journey.

Sometimes the most faithful thing we can do is keep walking while surrendering control. God is able to redirect, slow down,

or reroute us without force. He leads those who are willing to yield.

Today, let this truth settle you. You are not lost because you don't know the way. You are safe because God does.

Questions for Reflection

Where am I trying to control what God is asking me to trust?

What step feels uncertain right now?

Can I walk forward without needing full clarity?

Call to Action

Today, take one step in obedience without demanding full understanding.

Prayer

Lord, I release control into Your hands. Guide my steps and teach me to trust You as I walk. Amen.

Day Twelve - The Illusion of Control

“It is not for man who walks to direct his steps.” — Jeremiah 10:23

Control often disguises itself as wisdom. We plan carefully, anticipate outcomes, and prepare contingencies—not because we distrust God, but because letting go feels risky. Control gives the illusion of safety, even when it quietly drains our peace.

Jeremiah names the truth we resist: control was never ours to begin with.

Trying to manage every outcome exhausts the soul. It places on us a burden we were never designed to carry. God does not ask us to control the journey—He asks us to trust Him within it. When we loosen our grip, we discover that God is far more attentive than we imagined.

Surrender does not mean carelessness. It means alignment. It means choosing obedience over anxiety and trust over fear. The moment we stop insisting on our own way, we begin to notice God’s steady guidance—often subtle, often quiet, but always faithful.

God is not threatened by our questions, but He is not moved by our need for control. He invites us into a deeper posture: dependence. In that posture, peace returns. We breathe more freely. We walk more lightly.

Today, notice where you are holding on too tightly. That tension is an invitation—not to try harder, but to trust deeper.

Questions for Reflection

Where am I clinging to control instead of trusting God?

What fear lies beneath my need to manage outcomes?

What might change if I surrendered control today?

Call to Action

Choose one area where you will stop managing and start trusting. Offer it to God in prayer.

Prayer

Lord, I release my need to control. Teach me to trust You fully and rest in Your care. Amen.

Day Thirteen - Steps Ordered

“The steps of a good man are ordered by the Lord.” — Psalm 37:23

We often want God to reveal the destination before we take the next step. We ask for clarity about the future, reassurance about outcomes, and confirmation that everything will make sense. Yet God usually works differently. He orders steps, not entire journeys at once.

This requires trust.

God’s guidance is often incremental. He leads us one step at a time, shaping discernment through obedience rather than explanation. Each step, though small, is purposeful. Nothing is wasted. Nothing is random. Even pauses are part of the ordering.

When we accept this rhythm, anxiety begins to loosen its grip. We stop demanding certainty and start practicing attentiveness. We listen more closely. We move more gently. We discover that God is far more involved in the details than we realized.

Ordered steps do not always feel impressive. Sometimes they look ordinary, repetitive, or slow. But faithfulness in the small steps prepares us for larger ones. God values direction more than speed and obedience more than clarity.

Today, remember that you don't need to see far ahead. You only need to trust the step in front of you. God is not asking you to figure everything out—He is guiding you as you go.

Questions for Reflection

What is the next step God is inviting me to take?

Where am I waiting for certainty instead of trusting direction?

Can I believe that small steps matter to God?

Call to Action

Today, take one small step in obedience—however ordinary it seems.

Prayer

Lord, order my steps today. Help me trust You with each movement and walk in quiet obedience. Amen.

Day Fourteen - Surrendered Paths

“Commit your way to the Lord; trust in Him, and He will act.”
— Psalm 37:5

We often want God to bless the paths we have already chosen. We make plans, set directions, and then invite God to endorse them. Surrender asks for something deeper. It invites us to place the path itself into God’s hands.

A surrendered path is not passive. It is intentional trust. It is the quiet decision to let God shape not only the destination, but the route—detours included. Surrender loosens our grip on outcomes and anchors us in obedience.

When paths are surrendered, pressure lifts. We stop forcing progress and start discerning presence. We become less anxious about speed and more attentive to alignment. God does not rush surrendered hearts; He leads them steadily.

Sometimes surrender means staying when leaving feels easier. Sometimes it means releasing plans we worked hard to build. In every case, surrender is an act of confidence in God’s wisdom. We are saying, You see what I cannot. You know what I need.

God acts on surrendered paths. Not always immediately, not always dramatically—but faithfully. He redirects, protects, and establishes those who trust Him with their way.

Today, consider the path you are on. Is it fully surrendered, or merely presented? God is gentle with this question, and patient with our answers.

Questions for Reflection

What part of my path am I holding too tightly?

Where is God inviting deeper trust today?

Can I surrender direction as well as destination?

Call to Action

Today, name one plan you will place fully in God's hands.

Release control and trust Him to lead.

Prayer

Lord, I surrender my way to You. Lead me where You choose and help me trust You with every step. Amen.

Day Fifteen - Dependent Walking

“Trust in the Lord with all your heart, and lean not on your own understanding.” — Proverbs 3:5

From an early age, we are taught to be independent—to figure things out, stand on our own, and rely on our judgment. While responsibility matters, self-reliance can quietly replace trust. We begin to walk ahead of God instead of with Him.

Scripture invites us into a different rhythm: dependent walking.

Dependent walking is not weakness; it is wisdom. It acknowledges that God sees what we cannot, understands what we misread, and knows the terrain ahead. When we lean on our own understanding, anxiety grows. When we lean on God, peace follows.

This kind of walking slows us down. It makes us attentive rather than rushed, prayerful rather than presumptive. We stop demanding certainty and start practicing trust. God does not require us to know everything—He asks us to rely on Him for what we do not know.

Dependent walking keeps the heart soft. It guards us from pride and protects us from panic. It reminds us that every step, even the uncertain ones, can be taken with God’s help.

Today, notice how you are walking. Are you carrying the weight alone, or are you leaning into God's strength? The path feels lighter when we let Him bear what was never ours to hold.

Questions for Reflection

Where have I been leaning on my own understanding?

What would dependent walking look like today?

Can I trust God with what I don't yet see?

Call to Action

Today, pause before deciding. Invite God into one choice and wait for His peace to guide you.

Prayer

Lord, teach me to walk in dependence on You. Help me trust You fully and lean into Your wisdom. Amen.

Day Sixteen - Guided, Not Driven

“In all your ways acknowledge Him, and He will make your paths straight.” — Proverbs 3:6

There is a difference between being driven and being guided. Driven people are pushed by pressure—by fear of falling behind, by the need to prove, by urgency that never rests. Guided people move at a different pace. They listen. They wait. They respond.

God does not drive His children; He guides them.

Guidance assumes relationship. It requires attentiveness, not force. God speaks quietly, often gently, leading us step by step. When we are driven, we rush ahead of His voice. When we are guided, we learn to recognize His peace as direction.

Being guided brings relief. We no longer have to generate momentum or maintain intensity. We don't have to keep ourselves moving just to feel secure. God sets the pace, and that pace is always sustainable. He knows when to slow us down and when to move us forward.

Driven living exhausts the soul. Guided living restores it. One produces anxiety; the other cultivates trust. God is far more interested in how we walk than how fast we arrive.

Today, notice what is motivating your movement. Is it pressure—or presence? God's guidance may feel slower, but it

is steadier. And where He guides, He also provides clarity, protection, and peace.

Questions for Reflection

Where do I feel driven instead of guided?

What pressures are shaping my decisions right now?

Can I slow down enough to listen for God's direction?

Call to Action

Today, resist urgency. Pause and ask God to guide one decision before acting.

Prayer

Lord, free me from pressure and teach me to follow Your gentle guidance. Lead me in Your peace. Amen.

Day Seventeen - Learning to Yield

“Not my will, but Yours be done.” — Luke 22:42

Yielding does not come naturally to us. We are trained to assert, decide, and hold our ground. Yielding can feel like loss—like giving up control or diminishing our voice. Yet in God’s economy, yielding is not weakness; it is alignment.

To yield is to trust that God’s wisdom surpasses our preferences. It is the quiet strength to say, I don’t need my way if I have Your will. Yielding loosens the grip of anxiety and softens the heart to hear God more clearly. It creates space for God to lead without resistance.

Jesus Himself modelled this posture. In yielding, He did not abandon purpose; He fulfilled it. Yielding did not remove the cross, but it released the power to endure it. In the same way, yielding does not erase difficulty, but it anchors us in grace to walk through it.

Learning to yield is a process. It often comes after we’ve tried every other option and found them wanting. Over time, yielding becomes less about surrendering once and more about living surrendered—open, attentive, and responsive to God’s leading.

Today, consider where God may be inviting you to yield. Not out of defeat, but out of trust. Yielding does not shrink your life; it aligns it. And alignment is where peace lives.

Questions for Reflection

Where am I resisting God's will right now?

What fear makes yielding difficult for me?

How might yielding bring peace rather than loss?

Call to Action

Today, release one preference or plan to God. Choose trust over control.

Prayer

Lord, teach me to yield with confidence. Help me trust Your will and walk in Your peace. Amen.

Day Eighteen - Trusting the Waymaker

“I will instruct you and teach you in the way you should go; I will counsel you with My loving eye on you.” — Psalm 32:8

We often want God to show us the road before we trust Him with the journey. We ask for clear signs, detailed plans, and assurance that everything will work out. Yet God invites us into a deeper trust—not in the path itself, but in the One who makes the way.

Trusting the Waymaker means believing that God is already ahead of you. He sees bends in the road you cannot see and prepares provision before you realize you need it. He does not merely point the way; He walks it with you, attentive and near.

This kind of trust calms the heart. We stop rehearsing worst-case scenarios and start resting in God’s care. Even when the way feels uncertain, we are not unguided. God’s loving eye is on us, watching, correcting, and protecting.

Trusting the Waymaker does not eliminate responsibility—it reshapes it. Our role is not to control outcomes, but to stay responsive. God delights in leading hearts that listen.

Today, let this truth steady you. You do not need to figure everything out. You only need to stay close to the One who knows the way.

Questions for Reflection

Where do I struggle to trust God's guidance?

What uncertainty am I carrying today?

Can I trust God's presence even when clarity is limited?

Call to Action

Today, release one worry about the future and entrust it to God.

Prayer

Lord, help me trust You as my Waymaker. Teach me to walk in peace, knowing You lead with love. Amen.

Day Nineteen - When Plans Bow

“In their hearts humans plan their course, but the Lord establishes their steps.” — Proverbs 16:9

We make plans with sincerity. We pray over them, refine them, and invest ourselves fully. Plans give us a sense of direction and control. Yet there comes a moment when even the best plans must bow—to God’s wiser hand.

When plans bow, it can feel unsettling. What once felt certain becomes flexible. What we expected shifts. But this bowing is not loss; it is alignment. God is not dismantling our plans to frustrate us—He is refining them to serve His purpose.

Plans bow when God redirects without explanation. They bow when doors close quietly. They bow when timing stretches beyond our comfort. In those moments, trust is tested. Will we cling to what we planned, or will we surrender to what God is establishing?

There is peace on the other side of bowed plans. When we stop insisting on our own course, we become receptive to God’s leading. Our hearts soften. Our steps steady. We discover that God’s redirection is not rejection, but care.

Today, if something you planned is bending or breaking, pause. God may be doing a deeper work—establishing steps that will

hold when plans cannot. Let your plans bow, and let your trust rise.

Questions for Reflection

What plans am I struggling to release?

How do I respond when God redirects me?

Can I trust God's wisdom over my intentions?

Call to Action

Today, place one plan before God with open hands. Ask Him to establish your steps.

Prayer

Lord, help me release my plans and trust Your direction. Establish my steps and lead me in Your peace. Amen.

Day Twenty - Walking in The Deep

“Deep calls to deep in the roar of Your waterfalls.” — Psalm 42:7

There is a way of walking that stays on the surface—busy, noisy, constantly reacting. And then there is a deeper walk, shaped by stillness, trust, and quiet attentiveness to God. Scripture calls this the deep.

Walking in the deep is not about intensity; it is about intimacy. It is choosing to live from the inside out, allowing God to shape our responses before we shape our plans. In the deep, we are no longer driven by urgency or fear. We move with awareness, listening more than speaking, trusting more than striving.

The deep is where God’s voice becomes clearer—not louder, but steadier. It is where distractions lose their pull and comparisons lose their power. Walking in the deep means we no longer rush past God in our eagerness to move forward. We let Him set the pace.

This kind of walking often looks ordinary on the outside. There may be no dramatic shifts or visible milestones. But inside, something profound is happening. Roots are growing. Peace is settling. Confidence is being anchored—not in outcomes, but in God’s presence.

Today, God is inviting you to walk more deeply with Him. Not faster. Not harder. Deeper. Let your life be shaped by what God is doing beneath the surface. The deep may feel quiet, but it is never empty.

Questions for Reflection

Where has my life become surface-level and hurried?

What helps me stay attentive to God's presence?

How can I choose depth over speed today?

Call to Action

Slow your pace today. Create space for quiet and invite God into your inner world.

Prayer

Lord, draw me into deeper walking with You. Shape my life from the inside out and help me rest in Your presence. Amen.

Day Twenty-One - Nothing Self-Received

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

There is a quiet freedom in recognizing this truth: nothing of lasting value is self-received. We may work, prepare, and show up faithfully, but what truly defines our lives—calling, grace, influence, fruit—comes as a gift from above.

John the Baptist spoke these words at a moment when comparison could have taken root. Others were gaining attention, and his own role was diminishing. Yet there was no bitterness in him, only clarity. He understood that what God gives cannot be grasped, and what God withholds is not ours to claim.

This understanding releases us from rivalry. We stop measuring ourselves against others and begin to rest in what has been entrusted to us. Receiving replaces striving. Gratitude replaces comparison. Peace settles where anxiety once lived.

Nothing self-received needs defending. Nothing heaven-given can be taken away prematurely. God’s gifts arrive with purpose, timing, and sufficiency. They fit the soul they are given to.

Today, let this truth quiet you. You do not need to seize what God has not given, and you do not need to fear losing what He has. Your life is not an accident, and your portion is not a mistake.

Questions for Reflection

Where have I been striving to obtain what God has not given?

How does comparison affect my sense of peace?

Can I receive my portion with gratitude today?

Call to Action

Today, thank God for what He has given you—without wishing it were someone else's.

Prayer

Lord, teach me to receive with humility and trust. Help me rest in what You have given from above. Amen.

Day Twenty-Two - Freedom from Comparison

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

Comparison quietly steals joy. It shifts our attention from what God is doing in us to what He seems to be doing in others. Before we realize it, gratitude fades and restlessness grows. We begin to measure our lives against stories that were never meant to define us.

John the Baptist shows us another way. He knew his assignment, honoured his season, and released the need to compete. Because he understood that everything is received from heaven, comparison lost its power. He could rejoice in another's increase without feeling diminished.

Freedom from comparison comes when we trust God's wisdom in distribution. God does not duplicate callings or repeat stories. He crafts lives with intention, giving each person what fits their purpose and capacity. What He has given you is not lacking; it is tailored.

When comparison loosens its grip, peace returns. We stop scanning sideways and begin living forward—faithful, present, and content. We discover that joy grows where acceptance lives.

Today, let God re-centre your heart. You are not behind. You are not overlooked. You are walking your path, receiving your portion, in God's time.

Questions for Reflection

Where does comparison creep into my thinking?

How does it affect my gratitude and peace?

What would change if I fully trusted God's assignment for me?

Call to Action

Today, bless someone you're tempted to compare yourself with. Choose gratitude over rivalry.

Prayer

Lord, free my heart from comparison. Help me trust Your wisdom and rejoice in the portion You've given me. Amen.

Day Twenty-Three - Grace Assigned

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

Grace is not random. It is assigned. God gives what is needed for the calling He has chosen, in the measure He knows we can carry. When we understand this, we stop wishing for someone else’s grace and start honouring our own.

Assigned grace meets us where we are. It sustains us in seasons of obscurity, strengthens us in moments of testing, and equips us for the work God places before us. God never calls without providing the grace to walk it out. What He assigns, He supports.

Problems arise when we try to operate outside the grace given to us. We exhaust ourselves attempting to live another person’s life or meet expectations God never set. Grace brings ease—not the absence of effort, but the presence of God’s strength within our effort.

Recognizing assigned grace cultivates humility. We learn to receive help when needed and release comparison when tempted. We trust that God’s grace is sufficient for this season, this calling, this life.

Today, pause and consider the grace God has given you. It may not look impressive, but it is intentional. God’s assignments are never careless.

Questions for Reflection

Where am I operating outside the grace God has given me?

How does recognizing assigned grace change my expectations?

Can I trust God's provision for my current season?

Call to Action

Today, work within the grace you have. Release the pressure to perform beyond it.

Prayer

Lord, help me recognize and honour the grace You've assigned to my life. Teach me to walk in it with humility and trust. Amen.

— The Gardener

Day Twenty-Four - Secure in What's Given

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

Insecurity often grows where trust is thin. When we are unsure of what God has given us, we begin to guard it anxiously defending our space, protecting our role, and fearing loss. But what is truly given by God does not need to be defended. It is secure.

John the Baptist understood this deeply. His confidence was not rooted in popularity or permanence, but in divine assignment. He knew that what God gives, God sustains. And what God sustains cannot be stolen prematurely.

Being secure in what's given frees us from fear. We stop clinging tightly and start holding loosely. We no longer feel threatened by others' progress or success. Security grows when we trust that God knows exactly what He has entrusted to us—and why.

God does not miscalculate. He does not give too little or too much. What He gives fits the season, the calling, and the heart receiving it. When we rest in this truth, anxiety loosens its grip and contentment takes root.

Today, let this assurance settle you. You are not required to compete, protect, or compare. What God has given you is

enough for now, and He remains faithful to supply what comes next.

Questions for Reflection

Where do I feel insecure about what God has given me?

How does fear influence the way I hold my calling or role?

What would it look like to trust God's provision more fully?

Call to Action

Today, release fear-driven control. Thank God for what He has entrusted to you right now.

Prayer

Lord, help me rest secure in what You have given. Free me from fear and teach me to trust Your faithfulness. Amen.

Day Twenty-Five - Released from Striving

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

Striving often begins when trust weakens. When we forget that our lives are held by God, we try to secure outcomes ourselves. We push harder, work longer, and carry burdens we were never meant to carry. Over time, striving exhausts both body and soul.

John the Baptist’s words offer a gentle release. If nothing is received apart from God, then striving loses its power. We are free to stop forcing what God has not yet given and stop chasing what was never assigned to us.

Being released from striving does not mean we become careless or passive. It means our efforts are rooted in peace rather than pressure. We still show up faithfully, but without anxiety driving us. We work from rest, not for it.

Striving narrows our vision. Rest expands it. When we rest in God’s provision, we notice His presence more clearly and hear His voice more distinctly. Trust replaces tension. Gratitude replaces restlessness.

Today, notice where striving has crept in. It may appear as impatience, comparison, or the constant feeling that you are behind. God invites you to lay these weights down.

You do not need to fight for what God intends to give. What comes from Him arrives in peace.

Questions for Reflection

Where am I striving instead of trusting?

What fear fuels my striving?

How would my life change if I rested more deeply in God?

Call to Action

Today, intentionally slow down. Choose rest over urgency in one area of your day.

Prayer

Lord, release me from striving. Help me trust Your provision and live from a place of rest. Amen.

Day Twenty-Six - Content with Heaven's Measure

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

Discontent often whispers that what we have is not enough. It urges us to reach beyond our measure, to compare our portion with another's, to believe that fullness lies just beyond what God has given. Yet heaven's measure is never careless. God gives with intention, not excess, and with sufficiency, not lack.

Being content with heaven's measure is an act of trust. It says, God knows what I need in this season. It resists the pressure to overreach and the temptation to undervalue what has been entrusted. Contentment does not mean resignation; it means confidence in God's wisdom.

God's measure fits the moment. He gives what the soul can carry and what the season requires. More is not always better and less is not always loss. Often, restraint is protection. God withholds not to diminish us, but to keep us aligned.

When we accept heaven's measure, peace settles in. We stop grasping and start stewarding. Gratitude grows where comparison once lived. We become attentive to what God is doing now, rather than restless for what might come next.

Today, allow yourself to rest in what has been given. You are not lacking. You are learning trust. Heaven's measure is enough for today—and tomorrow will be met with fresh grace.

Questions for Reflection

Where do I struggle with contentment?

How has comparison affected my peace?

Can I trust God's measure for this season?

Call to Action

Today, practice gratitude. Name three ways God's provision is sufficient right now.

Prayer

Lord, teach me to be content with what You have given. Help me trust Your wisdom and rest in Your provision. Amen.

Day Twenty-Seven - Joy in Another's Lifting

“He must increase, but I must decrease.” — John 3:30

There is a quiet maturity that rejoices when others are lifted. It does not come naturally; it is learned in the deep places where identity has been settled in God. When our worth is anchored in Him, another person's elevation no longer feels like our diminishment.

John the Baptist embodied this freedom. He saw clearly that God's work in another did not cancel God's work in him. Increase and decrease were not threats, but movements within a larger divine purpose. His joy was not tied to position, but to faithfulness.

Joy in another's lifting flows from trust—trust that God's timing is wise, His distribution intentional, and His purposes good. It releases us from rivalry and comparison. We stop asking, Why not me? and begin saying, Thank You, God, for what You are doing.

This joy is not denial of pain or longing; it is surrender of entitlement. It is choosing to believe that God has not forgotten us simply because He is blessing someone else. In fact, celebrating another's lifting often prepares our hearts for what God will do next.

Today, let God expand your capacity for joy. Where envy once lingered, invite gratitude. Where comparison stirred, choose blessing. Joy shared multiplies peace.

Questions for Reflection

How do I respond when others are lifted before me?

What fears surface when I see another succeed?

Can I trust God's timing for my own life?

Call to Action

Today, I sincerely celebrate someone else's progress or success—without comparison.

Prayer

Lord, teach me to rejoice in what You do for others. Free my heart from comparison and fill me with generous joy. Amen.

Day Twenty-Eight - The Peace of Receiving

“A man can receive nothing unless it has been given to him from heaven.” — John 3:27

There is a quiet peace that comes when striving finally gives way to receiving. Receiving acknowledges that God is the giver and we are the recipients. It settles the heart into gratitude rather than anxiety, and trust rather than effort.

Receiving is not passive; it is relational. It recognizes God’s generosity and responds with openness. When we receive from God, we stop negotiating for more or worrying about less. We accept what He gives with humility, knowing that His wisdom governs every gift.

The peace of receiving also releases us from fear of loss. What God gives comes with His care. We are no longer anxious about holding on or afraid of being replaced. We rest in the assurance that God’s gifts are purposeful and timely.

Often, unrest lingers because we are still reaching for what God has not yet given, or clinging to what He is gently asking us to release. Receiving invites us into the present moment—into today’s grace, today’s provision, today’s calling.

Today, allow yourself to receive without striving. Let gratitude replace tension. Let trust quiet the noise. God’s gifts are not burdens; they are blessings meant to be carried with peace.

Questions for Reflection

Where am I resisting what God is offering me?

What would it look like to receive with gratitude today?

How does receiving bring peace to my heart?

Call to Action

Today, accept what God has given without questioning its sufficiency. Thank Him openly.

Prayer

Lord, teach me to receive Your gifts with peace and gratitude.
Help me trust Your generosity and rest in Your care. Amen.

Day Twenty-Nine - Trusting God's Allocation

“Now there are varieties of gifts, but the same Spirit... one and the same Spirit works all these things, distributing to each one individually as He wills.” — 1 Corinthians 12:4, 11

We are comfortable trusting God with salvation, but far less comfortable trusting Him with allocation. We want a say in what we receive—how much, how soon, and in what form. Yet Scripture reminds us that the Spirit distributes intentionally, wisely, and personally.

God's allocation is never random. He gives according to calling, season, and capacity. What looks uneven from the outside is often precise from heaven's perspective. The Spirit knows where each gift will flourish and how each life will serve the whole.

Trusting God's allocation frees us from envy and insecurity. We stop questioning why someone else has more or different, and we begin stewarding what we have with care. Allocation is not a statement of worth; it is an act of wisdom.

When we resist God's allocation, frustration grows. When we receive it, peace follows. The Spirit does not misplace gifts. He positions them. And what He positions, He empowers.

Today, consider the gifts, responsibilities, and opportunities God has entrusted to you. They are not accidental. They are part of a larger design—one that needs your faithfulness exactly where you are.

Questions for Reflection

Where do I struggle to trust God's allocation?

How has comparison affected my stewardship?

What gift is God inviting me to steward more faithfully?

Call to Action

Today, honour what you've been given. Use one gift intentionally, without wishing it were different.

Prayer

Spirit of God, help me trust Your wisdom in what You give.
Teach me to steward my portion faithfully and with peace.
Amen.

Day Thirty - Hands Open, Heart Free

“Freely you have received; freely give.” — Matthew 10:8

Clenched hands often reveal anxious hearts. When we fear loss, we tighten our grip—on roles, recognition, resources, or outcomes. Yet what is received from God was never meant to be held with fear. It was meant to be held with trust.

Open hands signal freedom. They show confidence in God’s ongoing provision and faith in His faithfulness. When our hands are open, we are no longer guarding what we have or grasping for more. We are simply present—ready to receive, ready to release.

A free heart understands that God is not finished giving. What flows through open hands does not disappear; it multiplies. God replenishes what is shared, strengthens what is surrendered, and blesses what is entrusted back to Him.

Living with open hands also protects us from pride. We remember that everything we hold was first given. This humility keeps us grateful and generous. It allows us to participate joyfully in God’s work without fear of being emptied.

Today, notice what you may be holding too tightly. God may be inviting you into a deeper freedom—not by taking something away, but by teaching you how to trust Him more fully.

Questions for Reflection

What am I holding onto out of fear?

How does openness reflect trust in God?

Where is God inviting me to release control?

Call to Action

Today, practice generosity—of time, attention, or kindness—without expecting anything in return.

Prayer

Lord, help me live with open hands and a free heart. Teach me to trust You as both giver and sustainer. Amen.

— The Gardener

Day Thirty-One - Placed by The Spirit

“But one and the same Spirit works all these things, distributing to each one individually as He wills.” — 1 Corinthians 12:11

We often think of placement as something we choose—where we serve, where we belong, where we function best. Yet Scripture gently reframes this assumption. Placement is not self-selected; it is Spirit-assigned.

The Holy Spirit does more than give gifts. He places them. He knows where each gift will flourish, where it will serve others best, and where it will be most protected. What feels inconvenient or unexpected to us may be precisely where the Spirit intends us to be.

Being placed by the Spirit requires trust. It asks us to release our preferences and receive God’s positioning. Sometimes we are placed where we feel strong; other times where we feel stretched. Both are intentional. God uses placement to mature us, refine us, and align us with His greater design.

When we resist placement, frustration grows. When we accept it, peace follows. The Spirit does not misplace anyone. He positions with wisdom, purpose, and care. Our calling is not to rearrange ourselves, but to be faithful where we are placed.

Today, consider where the Spirit has positioned you. Not just geographically, but relationally, spiritually, and vocationally.

Questions for Reflection

Where do I sense resistance to my current placement?

What might God be forming in me through this positioning?

Can I trust the Spirit's wisdom over my preferences?

Call to Action

Today, choose faithfulness right where you are. Serve with openness and trust the Spirit's placement.

Prayer

Holy Spirit, help me trust where You have placed me. Teach me to serve with humility, peace, and confidence in Your wisdom. Amen.

Day Thirty-Two - Gifted with Purpose

“There are different kinds of gifts, but the same Spirit.” — 1 Corinthians 12:4

Gifts are often misunderstood as marks of distinction. We admire them, compare them, and sometimes compete over them. But Scripture reminds us that gifts are not given for display—they are given for purpose.

Every gift carries intention. God gives what is needed to serve, to build, and to bless. Gifts are tools, not trophies. When we understand this, pride loosens its grip and pressure eases. We stop asking how impressive our gift is and start asking how useful it can be.

Purpose anchors gifts in humility. A gift detached from purpose becomes burdensome; a gift aligned with purpose becomes life-giving. God never wastes what He gives. Even gifts that seem small or unnoticed are essential in God’s design.

When we steward our gifts with purpose, comparison fades. We recognize that different gifts serve different functions, and every function matters. The Spirit distributes diversity to create harmony, not hierarchy.

Today, reflect on the gifts God has entrusted to you. They may be obvious or subtle, public or hidden. Each one has a role to

play. Your gift does not need to look like someone else's to be meaningful.

Questions for Reflection

How do I view the gifts God has given me?

Where might I be confusing gifting with status?

How can I use my gifts more purposefully?

Call to Action

Today, use one gift intentionally to serve someone else.

Prayer

Spirit of God, help me steward the gifts You've given with humility and purpose. Teach me to serve faithfully in Your design. Amen.

Day Thirty-Three - Chosen Placement

“God has placed the parts in the body, every one of them, just as He wanted them to be.” — 1 Corinthians 12:18

It is one thing to accept a gift; it is another to accept where that gift is placed. We often agree with God about what He has given us, but struggle with where He has positioned us to use it. We imagine different settings, larger platforms, or more favourable circumstances. Yet Scripture is clear placement is intentional.

Chosen placement means God has positioned you on purpose, not by default. He knows where your gift will grow, where it will be needed, and where it will serve the whole best. What feels limiting may actually be protective. What feels small may be essential.

When we resist placement, restlessness grows. We begin to feel misplaced, undervalued, or unseen. But when we trust God’s positioning, peace follows. We stop trying to relocate ourselves and start rooting ourselves. Growth comes not from constant movement, but from faithful presence.

God does not scatter gifts randomly. He arranges them. Each placement carries meaning within His larger design. You are not an afterthought in the body—you are a deliberate choice.

Today, consider where God has placed you. Instead of asking, Why here? ask, What is God forming here? Acceptance opens the door to fruitfulness.

Questions for Reflection

Where do I feel resistance to my current placement?

What purpose might God have for me right here?

How does trusting God's placement bring peace?

Call to Action

Today, practice contentment in your placement. Serve fully where you are.

Prayer

Lord, help me trust where You have placed me. Give me grace to serve faithfully and joyfully right here. Amen.

Day Thirty-Four - Serving from Lifting

“Whoever wants to become great among you must be your servant.” — Mark 10:43

God’s lifting always carries an unexpected direction—downward into service. In God’s kingdom, elevation is never about distance from others; it is about depth of love toward them. When God lifts, He does not separate us from people; He positions us to serve them more faithfully.

Serving from lifting is different from serving for lifting. When we serve to be noticed, exhaustion follows. When we serve because God has already settled our worth, joy takes its place. True lifting anchors identity so deeply in God that service flows freely, without resentment or need for recognition.

Jesus modelled this perfectly. Though lifted in authority, He chose the posture of a servant. His power was expressed not through dominance, but through compassion, presence, and sacrifice. This kind of service steadies others because it is not driven by ego—it is guided by love.

When God lifts you, He entrusts you with people, not platforms. He invites you to carry responsibility with humility and to use influence gently. Lifting without service becomes hollow; service shaped by lifting becomes healing.

Today, remember this: if God has lifted you in any way—through experience, insight, or maturity—it is not for distance, but for nearness. Someone needs the steadiness you carry.

Questions for Reflection

How do I respond when God entrusts me with responsibility?

Am I serving from rest or striving for recognition?

Who might God be inviting me to serve more attentively?

Call to Action

Today, serve quietly. Choose one act of kindness without seeking acknowledgment.

Prayer

Lord, shape my lifting into service. Help me love humbly, serve faithfully, and reflect Your heart in all I do. Amen.

Day Thirty-Five - Deep Before Display

“Humble yourselves under God’s mighty hand, that He may lift you up in due time.” — 1 Peter 5:6

We live in a world that values display—visibility, recognition, and quick results. Yet God values depth. Before He reveals, He roots. Before He displays, He deepens. What is shallow may look impressive for a moment, but it cannot endure.

God works patiently beneath the surface. In unseen places, He strengthens character, clarifies motives, and forms resilience. These deep workings often go unnoticed, even misunderstood. But they are essential. What is not formed in the deep will not last in the open.

Depth protects us from collapse. When God eventually lifts, depth keeps us steady. It anchors us when attention grows and responsibility increases. Without depth, display becomes dangerous; with depth, it becomes meaningful.

If your season feels hidden, resist the urge to rush it. God may be doing a deeper work than you realize. Roots grow quietly. Strength forms slowly. Trust the process that happens out of sight.

Today, honour the unseen work. God is not delaying you; He is deepening you. And what is deep will endure long after the display fades.

Questions for Reflection

Where is God forming depth in me right now?

How do I respond to seasons of hiddenness?

Can I trust God's timing for visibility?

Call to Action

Today, thank God for the unseen work He is doing in you.

Prayer

Lord, deepen my roots before You lift me. Help me trust Your timing and value what You are forming within me. Amen.

Day Thirty-Six - Positioned, Not Performed

“Now there are varieties of gifts, but the same Spirit... distributing to each one individually as He wills.” — 1 Corinthians 12:4, 11

It is easy to slip into the belief that our place must be earned through performance. We strive to prove our worth, to demonstrate readiness, to justify why we belong where we are. But Scripture gently reminds us of a different truth: in God’s economy, we are positioned, not performed into place.

The Spirit assigns. He positions with wisdom, not pressure. Our role is not to impress, but to be faithful. Performance may gain attention, but positioning carries purpose. God places us where our gifts, character, and season align with His design.

When we live from performance, anxiety grows. We fear falling short or being replaced. When we live from positioning, peace settles in. We trust that God knows why we are where we are—and how long we are meant to be there.

Positioning frees us from comparison. We stop trying to outperform others and start serving with sincerity. We recognize that God is not asking for constant proving, but consistent obedience.

Today, release the pressure to earn your place. God has already placed you with intention. Faithfulness, not performance, is what He honours.

Questions for Reflection

Where have I been performing instead of trusting God's placement?

How does performance affect my peace?

What would change if I rested in God's positioning?

Call to Action

Today, choose faithfulness over performance. Serve without trying to prove anything.

Prayer

Lord, free me from the pressure to perform. Help me rest in Your positioning and serve with peace. Amen.

Day Thirty-Seven - Grace-Assigned Roles

“But to each one is given the manifestation of the Spirit for the common good.” — 1 Corinthians 12:7

Every role God assigns is carried by grace. We often think of roles in terms of visibility or importance, but God thinks in terms of purpose and contribution. What He assigns is never arbitrary. It is shaped by grace and sustained by grace.

Grace-assigned roles fit us. They may stretch us, but they do not crush us. When we operate within grace, there is effort without exhaustion, responsibility without resentment, and service without strain. Grace does not remove challenge, but it supplies strength.

Trouble begins when we step outside the role God has assigned—either by taking on more than He has given, or by resisting what He has entrusted. Outside of grace, even good work becomes heavy. Inside grace, even demanding work carries peace.

God assigns roles not for personal elevation, but for the good of others. Each role contributes to the whole. What seems small may be essential. What appears hidden may be carrying great weight in God’s design.

Today, reflect on the role you are carrying. Is it one God has assigned, or one you have assumed? Grace will always confirm what God has given. Where grace flows, God is present.

Questions for Reflection

What role has God clearly entrusted to me in this season?

Where do I feel strain that may signal a lack of grace?

How can I realign with grace today?

Call to Action

Today, focus on the role God has given you. Release what He has not assigned.

Prayer

Lord, help me walk in the grace You have given. Align my life with Your assignments and fill me with Your peace. Amen.

Day Thirty-Eight - Harmony in The Body

“So in Christ we, though many, form one body, and each member belongs to all the others.” — Romans 12:5

God never intended His gifts to compete with one another. They are designed to complement, not collide. Harmony, not hierarchy, is the Spirit’s aim. When each part functions as God intends, the whole becomes strong, healthy, and alive.

Disharmony often arises when comparison replaces connection. We begin to measure ourselves against others instead of recognizing our shared purpose. But Scripture reminds us that every member belongs—not just to God, but to one another. No gift stands alone. No role is isolated.

Harmony requires humility. It asks us to value what we do not carry and honour what others bring. When we celebrate difference rather than resent it, unity grows. God’s design is not uniformity, but interdependence—each part distinct, yet deeply connected.

When harmony is present, pressure lifts. We no longer feel the need to do everything or be everything. We trust that God has placed others alongside us to carry what we cannot. Together, we reflect the fullness of Christ.

Today, consider how you relate to others in the body. Are you competing or collaborating? Comparing or connecting? God's lifting always leads us into deeper unity, not separation.

Questions for Reflection

Where have I been comparing instead of connecting?

How can I honour the gifts of others more intentionally?

What does belonging look like in my relationships?

Call to Action

Today, affirm someone else's contribution sincerely. Celebrate their role in God's work.

Prayer

Lord, help me walk in harmony with others. Teach me to value every part and serve with humility and love. Amen.

Day Thirty-Nine - Summoned from The Deep

“Deep calls to deep in the roar of Your waterfalls.” — Psalm 42:7

God does not summon from the surface. He calls from the deep to the deep. Long before voices are heard publicly, hearts are shaped privately. The summons of God is rarely loud, but it is unmistakable. It comes to those who have learned stillness, patience, and trust in hidden places.

Being summoned from the deep means your life has been formed beneath the noise. You have learned to listen more than announce, to wait more than rush, to trust more than strive. Depth recognizes depth. When God calls, something within you responds—not with panic, but with peace.

The deep is where motives are purified and identity is settled. It is where ambition gives way to obedience and where questions fall silent. From that place, God calls—not to impress, but to serve; not to perform, but to carry presence.

This summons does not always change circumstances immediately. Sometimes it changes posture first. You stand differently. You listen differently. You move with quiet confidence because you know who called you—and from where.

Today, pay attention to what stirs gently within you. God's call may not be dramatic, but it will be deep. And when He calls from the deep, He also sustains from the deep.

Questions for Reflection

Where has God been forming depth in my life?

How do I recognize God's call amid quietness?

What inner response do I sense when God calls?

Call to Action

Today, create space for silence. Listen for God's gentle summons without rushing to respond.

Prayer

Lord, attune my heart to Your call. Draw me deeper into You and lead me in Your quiet wisdom. Amen.

Day Forty - Lifted for His Glory

“So that no one may boast before Him... Let the one who boasts boast in the Lord.” — 1 Corinthians 1:29, 31

Every journey of lifting finds its true meaning here—not in arrival, recognition, or reward, but in God’s glory. When God lifts, He does so with intention. The aim is never self-exaltation, but divine revelation. Lifting is not about making much of us; it is about making much of Him through us.

When we understand this, pride loses its grip and gratitude takes its place. We no longer see lifting as proof of our worth, but as an expression of God’s grace. What He lifts becomes a vessel—carrying His character, reflecting His wisdom, and pointing back to His faithfulness.

Being lifted for God’s glory keeps us grounded. It reminds us that every gift, every opportunity, every season of influence is entrusted, not owned. God lifts those who know how to return the glory to Him—quietly, sincerely, and consistently.

This is where rest deepens. We are no longer anxious about maintaining position or defending place. God is faithful to sustain what He lifts for His purposes. Our role is simply to remain aligned, humble, and responsive.

As this journey concludes, remember this: lifting is not the destination—faithfulness is. And when faithfulness is offered freely, God is glorified fully.

Questions for Reflection

How do I respond when God lifts me in any way?

What helps me remain humble and grateful?

How can my life point more clearly to God's glory?

Call to Action

Today, offer thanks. Acknowledge God openly for every way He has sustained and lifted you.

Prayer

Lord, I offer my life back to You. Lift me only for Your glory, and keep my heart humble, grateful, and aligned with Your will. Amen.

Epilogue - Remaining Lifted

This journey does not end with Day Forty. It settles into you.

Being lifted by God is not a moment to reach, but a posture to keep—a quiet confidence rooted in trust, humility, and rest. You have walked through truths that loosen striving, quiet comparison, and anchor identity in God’s wise positioning. Carry them gently. Let them shape your pace, your prayers, and your presence.

Remember this: lifting is not a platform you stand on; it is a grace you live from. God will continue to position you—sometimes visibly, often invisibly—with the same care you have encountered here. When questions resurface, return to the deep. When noise rises, choose stillness. When doors open, walk humbly. When doors close, wait peacefully.

Stay faithful in the small. Stay grateful in the unseen. Stay open-handed with what you receive. And above all, stay near to the One who lifts—not hurriedly, not harshly, but faithfully.

May your life carry a steadiness that calms storms, a gentleness that serves well, and a trust that honours God quietly. You do not have to lift yourself.

You are held. You are guided. You are enough.

About The Author

Kigundu Ndwiga, PhD writes as one who has learned to walk slowly with God.

A pastor, chaplain, and spiritual mentor, he has spent decades serving in spaces where faith meets real life—places shaped by waiting, questions, transition, and quiet formation. His ministry journey has included seasons of visible leadership as well as long stretches of hiddenness, where trust was refined and ambition gently laid down.

It is from those deeper places that *Lifted by God* was written.

Kigundu believes that God’s most important work often happens beneath the surface—long before it is seen or celebrated. His writing reflects a conviction that true spiritual authority is not loud or hurried, but calm, steady, and rooted in intimacy with God. Rather than offering formulas for success or advancement, he invites readers into rest, surrender, and faithful presence.

His devotionals are shaped by Scripture, prayer, and lived experience, and are written to steady the soul rather than stir urgency. He writes not as one who has arrived, but as a fellow pilgrim—listening, learning, and trusting God’s wise timing.

Kigundu holds a PhD and has served in pastoral and chaplaincy roles in academic and community settings. He is married to

Mary Wambui Kigundu, and together they continue to pursue a life of faith, service, and quiet obedience.

Above all, he writes with a simple hope: that readers would discover the freedom of being lifted by God, rather than driven by striving.

What if lifting was never something you had to chase?

Many lives are shaped by striving—the pressure to be seen, approved, and successful. We chase progress and recognition, yet our hearts grow weary, longing for a rest ambition cannot give.

Lifted by God offers a gentler way. This 40-day devotional, rooted in Scripture and lived faith, invites you to release striving and rediscover trust. Through Psalms, Jeremiah, John the Baptist, and the Apostle Paul, it reminds us that true lifting comes not from performance or comparison, but from God.

This is not a book about pushing harder or forcing outcomes. It is an invitation into divine positioning—where God forms character, steadies the soul, and prepares the heart.

Exchange pressure for peace, noise for stillness, and striving for surrender. You do not have to lift yourself—God knows how and when to lift you.

About the Author



Dr. Kigundu Ndwiga is a pastor, chaplain, and devotional writer with decades of ministry across Kenya, the UK, and East-Central Africa. He holds a PhD in Ministry Leadership and has taught Biblical Stewardship, Christian Ethics, and Philosophy in leading institution. A former chaplain at the University of Nairobi and Kenyatta University, he is also a marriage counselor and the author of numerous books and over a thousand devotionals. He leads The Gardener Ministry, helping people know God, develop an intimate walk with Him, and apply His timeless Word to real-life situations. He lives in the UK with his wife, Mary.

Other Books by Dr. Kigundu Ndwiga: *The Choice*, *Whispers from an Empty Tomb*, *The Choir that conquered An Army*, *Consumed by God*, *The Fullness of His Presence*, *Closer than Breath*, *The Blessed Path*, *The Greater love*.